

TERM	TOPIC
1	<b>Being me</b> <ul style="list-style-type: none"> <li>• Expectations of relationships</li> <li>• Peer approval</li> <li>• Risks and influences</li> <li>• Consent</li> </ul>
<b>HALF TERM</b>	
2	<b>Celebrating differences</b> <ul style="list-style-type: none"> <li>• Equality and understanding difference</li> <li>• Bullying and discrimination</li> </ul>
<b>CHRISTMAS</b>	
3	<b>Dreams and goals</b> <ul style="list-style-type: none"> <li>• Personal strengths</li> <li>• Non- financial goals and SMART planning</li> <li>• Mental health and ill health</li> </ul>
<b>HALF TERM</b>	
4	<b>Healthy me</b> <ul style="list-style-type: none"> <li>• Healthy choices</li> <li>• Alcohol and the effects of substances</li> <li>• The laws about drugs</li> <li>• Emergency situations</li> <li>• Addiction</li> </ul>
<b>EASTER</b>	
5	<b>Relationships</b> <ul style="list-style-type: none"> <li>• Power in relationships</li> <li>• Assertiveness and saying no</li> <li>• Pornography – is it real?</li> <li>• Contraception and the consequence of unprotected sex</li> </ul>
<b>HALF TERM</b>	
6	<b>Changing me</b> <ul style="list-style-type: none"> <li>• Mental health</li> <li>• Emotions</li> <li>• Sleep</li> <li>• Puberty</li> </ul>
<b>SUMMER HOLIDAY</b>	

