

| TERM | TOPIC |
|------------------|---|
| 1 | <p>Being me</p> <ul style="list-style-type: none"> • Being an adult • Relationships and the law • Online and the law • Emergency situations |
| HALF TERM | |
| 2 | <p>Healthy me</p> <ul style="list-style-type: none"> • Relaxation and managing stress • Sexual health • Consent • Pregnancy • Staying safe in sexual relationships |
| CHRISTMAS | |
| 3 | <p>Dreams and goals</p> <ul style="list-style-type: none"> • Aspirations for career, finances, relationships and health • Skills identification and realistic goals • Financial pressure and debt • Education and training options • Long- term relationship dreams and goals • Resilience and what to do when things go wrong |
| HALF TERM | |
| 4 | <p>Relationships</p> <ul style="list-style-type: none"> • Intimate romantic relationships • Gender diversity and sexuality • Coming out as LGBT+ • Power in relationships • Difficulties some people face |
| EASTER | |

