

TERM	TOPIC
1	Being me <ul style="list-style-type: none"> • Expectations and perceptions • Peer approval • Risky behaviour • Consent
HALF TERM	
2	Celebrating differences <ul style="list-style-type: none"> • Equality and challenging inequality • Multicultural society
CHRISTMAS	
3	Dreams and goals <ul style="list-style-type: none"> • Impact of physical health in reaching goals • Work/life balance • Connections and impact on mental health • Benefits of helping others • Online profile and impact on future goals
HALF TERM	
4	Healthy me <ul style="list-style-type: none"> • Mental health and disorders • Long term health • Substances and the body • Diseases and treatments • Sexual health
EASTER	
5	Relationships <ul style="list-style-type: none"> • Healthy long-term relationships • Love and loss • Pornography • Consent and coercion
HALF TERM	
6	Changing me <ul style="list-style-type: none"> • Managing change and decision making • Gender and sexual identity • Gender stereotypes • Physical and emotional changes
SUMMER HOLIDAY	