

Level 3 CTEC Sport and Physical Activity

The Course

Cambridge Technicals are designed with the workplace in mind and provide a high-quality alternative to A Levels.

Students must be willing to be engaged in learning from the outset, and the content is vast and interesting. With a wide range of centre assessed units with practical and wider project-based assessment opportunities, as well as examined units on body systems and sports organisation and development.

The Content

In the first year you will study topics such as anatomy and physiology, sports and activity leadership, and injury and illnesses in sport. In the second year you will build on this knowledge studying units such as Sports Development and Nutrition. The subject matter is designed to ensure that sports students have a broad understanding of the many aspects within sport.

Alongside examinations and written coursework the students will have the opportunity to take part in coaching and leadership, first aid qualifications and other vocational opportunities.

Assessment

2 units are externally examined.

3 units are coursework based.

Subject entry guidelines

GCSE PE grade 4 or above if taken, Merit in Level 2 BTEC PE if taken, or grade 4 or above in English Language or English Literature if not taken

Pathways/Careers

Students go on to successfully study or work in many fields, including:

Sports Coaching
Education
Physiotherapy

Sports Science
Sports Psychology
Sports Development

Nutrition
Sports Management